



**ST TAMMANY PARISH PUBLIC SCHOOLS  
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS  
JANUARY 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ONE ENTRÉE PER LINE which will be the manager's choice.</b>				
<b>LUNCH PRICES:</b> <b>Reduced (PK-12)</b> <b>\$0.40</b> <b>Full Price (PK-6)</b> <b>\$1.30</b> <b>Full Price (7-12)</b> <b>\$1.55</b> <b>Eligible Adults</b> <b>\$3.25</b> <b>Visitors</b> <b>\$4.75</b>	<b>1</b> WINTER/CHRISTMAS BREAK	<b>2</b> WINTER/CHRISTMAS BREAK	<b>3</b> WINTER/CHRISTMAS BREAK	<b>4</b> WINTER/CHRISTMAS BREAK
<b>7</b> <b>Main Line:</b> Delicious Chicken Tenders Crispy Baby Carrots Fresh Broccoli Florets Macaroni & Cheese Fresh Baked Roll OR Texas Toast	<b>8</b> <b>Main Line:</b> Homemade Meatloaf Seasoned Green Beans Creamy Mashed Potatoes Fresh Baked Roll Chilled Fruit Cupcake <b>Take Out Line:</b> Chicken Patty Sandwich Crisp Lettuce Sweet Potato Fries	<b>9</b> <b>Main Line:</b> Turkey Roast w/ Rice & Gravy OR Breaded Pork Chop Patty w/ Rice & Gravy Sweet Potato Casserole Cauliflower Florets Fresh School Made Roll <b>Take Out Line:</b> Meatball Sub Crisp Lettuce French Fries	<b>10</b> <b>Main Line:</b> Burrito Refried Beans <b>Take Out Line:</b> Nachos Supreme Crisp Lettuce Salsa OR Diced Tomatoes Refried Beans	<b>11</b> <b>Main Line:</b> Hamburger Crisp Lettuce Sliced Tomatoes French Fries Rice Crispy Treat
<b>14</b> <b>Main Line:</b> Dipping Chicken Bites Fresh Green Salad School Made Roll	<b>15</b> <b>Main Line:</b> General Tso Chicken Mandarin Orange Chicken Steamed Broccoli <b>Take Out Line:</b> BBQ Pork Sandwich Crisp Lettuce Sliced Tomatoes French Fries	<b>16</b> <b>Main Line:</b> Fettuccini Green Beans Breadstick <b>Take Out Line:</b> Hamburger French Fries	<b>17</b> <b>Main Line:</b> Baked Potato Supreme OR Chunky Chili Garden Green Salad Texas Toast Fudgy Brownie <b>Take Out Line:</b> Hot Pepperoni Pizza	<b>18</b> <b>Main Line:</b> Classic Chicken Sandwich OR Kick'n Chicken Sandwich French Fries Crisp Lettuce Baked Beans
<b>21</b> <b>MARTIN LUTHER KING HOLIDAY</b>	<b>22</b> <b>Main Line:</b> Chicken Sauce Piquant Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Rice Fresh Baked Breadstick Chewy Oatmeal Cookie <b>Take Out Line:</b> Meatball Sub w/ Marinara OR Pork Chop Patty Sandwich French Fries	<b>23</b> <b>Main Line:</b> Nachos Supreme Seasoned Corn Fresh Cinnamon Breadstick <b>Take Out Line:</b> Classic Chicken Sandwich OR Kick'n Chicken Sandwich w/ Lettuce and Tomato French Fries	<b>24</b> <b>Main Line:</b> Finger Lick'n Roasted Chicken Cole Slaw Louisiana Red Beans & Rice Fresh Baked Biscuit <b>Take Out Line:</b> BBQ Pork Sandwich French Fries	<b>25</b> <b>Main Line:</b> Homestyle Hamburger French Fries Crisp Lettuce Sliced Tomatoes Cupcake
<b>28</b> <b>Main Line:</b> General Tso Chicken w/Rice Mandarin Orange Chicken w/Rice Garden Green Salad Fresh Baby Carrots Breadstick	<b>29</b> <b>Main Line:</b> Italian Meat Sauce w/ Pasta Seasoned Green Beans French Bread <b>Take Out Line:</b> Kick'n Chicken Sandwich OR Classic Chicken Sandwich Crisp Lettuce French Fries	<b>30</b> <b>Main Line:</b> Cheesy Chicken Quesadilla Refried Beans Fruit Crisp Crisp Lettuce Salsa OR Diced Tomatoes <b>Take Out Line:</b> Hot Dog Crispy Carrot Sticks French Fries OR Potato Rounds	<b>31</b> <b>Main Line:</b> Southern Fried Catfish OR Creole Baked Catfish OR Crispy Fish Strips Fresh Baked Potato Creamy Cole Slaw Fresh Baked Roll <b>Take Out Line:</b> Homestyle Hamburger Crisp Lettuce Sliced Tomatoes French Fries	<b>AVAILABLE DAILY:</b> Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk  Assorted Fruits & Veggies  <b>Optional Daily Entrée:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.